

Self-directed Learning 自律学習演習1

Course Outline & Schedule

Thursdays, 4th period (15:00 – 16:30)

Classroom: 5409

Contact: katherine-t@otemon.ac.jp

Office Hours: Friday 1st period

(E-CO)

Course Aims 授業の目的:

- To learn about yourself as a language learner
- To learn about effective ways to learn languages
- To learn about resources for language learning and how to use them effectively
- To develop skills for successful self directed language learning (SDLL)
 - Goal -setting
 - Motivation & time management
 - Materials & strategies
 - Reflecting and evaluating

Schedule

Week	Topic(s)	Notes
9/21	1. Introduction to SDL. Language Learning & me	
9/28	2. My Language learning history. My future learning goals.	
10/5	3. Learning strategies 1: Grammar & Vocabulary	
10/12	4. Learning strategies 2: Speaking & Listening	
10/19	5. Learning strategies 3: Reading & Writing	
10/26	6. Planning 1: Goal-setting, Choosing Materials & Strategies	
11/2	7. Planning 2: Schedule, time management, habit formation	Submit Learning Plan
11/9	8. Planning 3: Writing a Learning Journal	(Group Advising sessions)
11/23	9. Learning Cycle Week 1	Learning Cycle (Group Advising sessions)
11/30	10. Learning Cycle Week 2	
12/7	11. Learning Cycle Week 3	
12/14	12. Learning Cycle Week 4	
12/21	13. Learning Cycle Reflection & presentation preparation	
1/11	14. Final Presentations	
1/18	15. Final Presentations	

*No class on 11/16 (university is closed)

Grading

Participation	10%	Actively take part in class & advising sessions, complete homework
Strategy Journal	20%	Journal from Weeks 3 - 5
Learning Plan	10%	Submit by 11/2, (final revised version by 11/23)
Learning Cycle Journal	40%	Journal from Weeks 9 -13
Final Presentation	20%	Presentation on your Learning Cycle experience

Class Rules & Expectations

In class:

- Be kind to each other
- Try your best at all times
- Listen when someone is speaking (teacher, classmate)
- Follow instructions
- Ask questions if you don't understand
- Be prepared for class (do home work, bring notebook etc.)
- Speak English whenever possible
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(If you disrupt the class, you may be asked to leave.)

Out of class:

- Complete all homework on time
- If you are absent, catch up your work (ask classmates or Katherine)
- Visit Katherine's Office Hours if you want to talk about class (Fridays, 1st period)
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Classroom English

English	Japanese
How do you say _____ in English?	
What does _____ mean in Japanese?	
Do you know what _____ means?	
I'll look it up. / I'll check my dictionary.	
I don't understand what to do. Can you explain it again?	
Do you have an extra paper/handout? These are extra.	
Sorry I'm late.	
I have a question. / May I ask a question?	
In Discussion Time	
You go first. I'll start.	
What do you think?	
We've finished. What should we do now?	

Key terms

self-directed learning (SDL)
autonomy
goals
reflection
resources

effective
specific
realistic
appropriate